

EMOTIONAL INTELLIGENCE FOR MISSIONS SUPPORTING STUDIES

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General Observations

71% of missionaries who return home each year leave the field for preventable reasons. In many cases, the reason is relational skill deficits that result in team conflict.

Emotional Intelligence (EI) is a key to reducing team attrition because it helps team leaders and members understand, manage and express emotions and resolve conflict in a Christ-like way. This helps build deeper trust, foster healthier relationships, prevent and resolve conflicts, and authentically share their faith by mirroring Jesus' perfect empathy, self-awareness and relational skills, and leads to more impactful ministry and personal resilience. These improved relational skills help to transforms self-centered emotional responses into Spirit-led service, making team members better listeners and more attuned to the needs of people they serve.

Relevant Articles and Studies:

- 1. The Greatest Enemy of Missionary Careers (2013)
- 2. <u>Team Conflict: The Number One Reason Missionaries Go Home</u> (2019)
- 3. <u>Ugandan Peacemakers Take on Cattle Rusting, Gun Fights and Range Wars</u>
- 4. <u>Emotional Intelligence in Missions</u>
- 5. An Aircraft Carrier to the Nations: Becoming a Runway for Sent Ones
- 6. Strengthening Emotional Intelligence as a Leaders
- 7. EI: An Essential and Valuable Tool for Effective Christian Leadership
- 8. Emotional Health for Effective Ministry
- 9. 3 Ways to Nurture Emotional Intelligence
- 10. Why Emotional Intelligence is Biblical Wisdom Rediscovered
- 11. The EI of Nehemiah: Why the Best Leaders Weep Before They Build
- 12. The Impact of Emotional Intelligence on Church Culture and Community