

## EMOTIONAL INTELLIGENCE FOR CHURCH AND MINISTRY

### SUPPORTING STUDIES

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#### General Observations

Emotional Intelligence (EI) is vital in Christian ministry as it helps church and ministry leaders and members understand, manage, and express emotions in a Christ-like way, which helps to build deeper trust, foster healthier relationships, prevent and resolve conflicts, and authentically share their faith by mirroring Jesus' perfect empathy, self-awareness and relational skills, all of which helps to lead to more impactful ministry and personal resilience. These improved relational skills help to transform self-centered emotional responses into Spirit-led service, making Christians better listeners and more attuned to the needs of people they serve.

#### Relevant Articles and Studies:

1. [Emotional Intelligence in Missions](#) (2021)
2. [An Aircraft Carrier to the Nations: Becoming a Runway for Sent Ones](#)
3. [Strengthening Emotional Intelligence as a Leaders](#) (2025)
4. [EI: An Essential and Valuable Tool for Effective Christian Leadership](#) (2022)
5. [Emotional Health for Effective Ministry](#) (2020)
6. [3 Ways to Nurture Emotional Intelligence](#) (2018)
7. [Why Emotional Intelligence is Biblical Wisdom Rediscovered](#)
8. [The EI of Nehemiah: Why the Best Leaders Weep Before They Build](#)
9. [The Impact of Emotional Intelligence on Church Culture and Community](#)

Dec. 6, 2025